

2025

Formulary (List of Covered Drugs)



RiverSpring MAP (HMO D-SNP)

**PLEASE READ: THIS DOCUMENT CONTAINS INFORMATION ABOUT
THE DRUGS WE COVER IN THIS PLAN**

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This formulary was updated on 09/11/2024. For more recent information or other questions, please contact us, RiverSpring Health Plan Member Services, at 1-800-580-7000 or, for TTY users, TTY/TDD 711, seven days a week from 8 a.m. to 8 p.m., or visit <https://riverspringhealthplans.org/>.

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Table of Contents

WHAT IS THE RIVERSPRING MAP FORMULARY?	1
CAN THE FORMULARY (DRUG LIST) CHANGE?	1
WHAT ARE GENERIC DRUGS?	2
ARE THERE ANY RESTRICTIONS ON MY COVERAGE?	3
WHAT IF MY DRUG IS NOT ON THE FORMULARY?	3
HOW DO I REQUEST AN EXCEPTION TO THE RIVERSPRING MAP'S (HMO D-SNP) FORMULARY?	4
WHAT DO I DO BEFORE I CAN TALK TO MY DOCTOR ABOUT CHANGING MY DRUGS OR REQUESTING AN EXCEPTION?	4
FOR MORE INFORMATION	5
RIVERSPRING MAP FORMULARY	5
List of Abbreviations	Error! Bookmark not defined.
ANTI - INFECTIVES	7
ANTIFUNGAL AGENTS	7
ANTIVIRALS	8
CEPHALOSPORINS	12
ERYTHROMYCINS / OTHER MACROLIDES	14
MISCELLANEOUS ANTIINFECTIVES	15
PENICILLINS	20
QUINOLONES	22

SULFA'S / RELATED AGENTS	22
TETRACYCLINES	23
URINARY TRACT AGENTS	24
ANTINEOPLASTIC / IMMUNOSUPPRESSANT DRUGS	24
ADJUNCTIVE AGENTS	24
ANTINEOPLASTIC / IMMUNOSUPPRESSANT DRUGS	25
AUTONOMIC / CNS DRUGS, NEUROLOGY / PSYCH	40
ANTICONVULSANTS	40
ANTIPARKINSONISM AGENTS	47
MIGRAINE / CLUSTER HEADACHE THERAPY	48
MISCELLANEOUS NEUROLOGICAL THERAPY	49
MUSCLE RELAXANTS / ANTISPASMODIC THERAPY.....	53
NARCOTIC ANALGESICS	54
NON-NARCOTIC ANALGESICS	58
PSYCHOTHERAPEUTIC DRUGS	62
CARDIOVASCULAR, HYPERTENSION / LIPIDS	75
ANTIARRHYTHMIC AGENTS	75
ANTIHYPERTENSIVE THERAPY	76
COAGULATION THERAPY.....	81
LIPID/CHOLESTEROL LOWERING AGENTS	85
MISCELLANEOUS CARDIOVASCULAR AGENTS	87
NITRATES	88
DERMATOLOGICALS/TOPICAL THERAPY	88

ANTIPSORIATIC / ANTISEBORRHEIC	88
MISCELLANEOUS DERMATOLOGICALS	90
THERAPY FOR ACNE	92
TOPICAL ANTIBACTERIALS	94
TOPICAL ANTIFUNGALS	94
TOPICAL ANTIVIRALS	95
TOPICAL CORTICOSTEROIDS	96
TOPICAL SCABICIDES / PEDICULICIDES	98
DIAGNOSTICS / MISCELLANEOUS AGENTS.....	99
ANOREXIANTS	99
ANTIDOTES	99
IRRIGATING SOLUTIONS	99
MISCELLANEOUS AGENTS	99
SMOKING DETERRENTS	103
EAR, NOSE / THROAT MEDICATIONS	103
MISCELLANEOUS AGENTS	103
MISCELLANEOUS OTIC PREPARATIONS	104
OTIC STEROID / ANTIBIOTIC	104
ENDOCRINE/DIABETES	104
ADRENAL HORMONES	104
ANTITHYROID AGENTS	106
DIABETES THERAPY	106
MISCELLANEOUS HORMONES	113

THYROID HORMONES	117
GASTROENTEROLOGY	117
ANTIDIARRHEALS / ANTISPASMODICS	117
MISCELLANEOUS GASTROINTESTINAL AGENTS	118
ULCER THERAPY.....	123
IMMUNOLOGY, VACCINES / BIOTECHNOLOGY.....	126
BIOTECHNOLOGY DRUGS	126
VACCINES / MISCELLANEOUS IMMUNOLOGICALS.....	129
MISCELLANEOUS SUPPLIES	132
MISCELLANEOUS SUPPLIES	132
MUSCULOSKELETAL / RHEUMATOLOGY	133
GOUT THERAPY	133
OSTEOPOROSIS THERAPY	133
OTHER RHEUMATOLOGICALS.....	134
OBSTETRICS / GYNECOLOGY	138
ESTROGENS / PROGESTINS	138
MISCELLANEOUS OB/GYN	140
ORAL CONTRACEPTIVES / RELATED AGENTS	141
OXYTOCICS	145
OPHTHALMOLOGY	145
ANTIBIOTICS	145
ANTIVIRALS	146

BETA-BLOCKERS.....	146
MISCELLANEOUS OPHTHALMOLOGICS	146
NON-STEROIDAL ANTI-INFLAMMATORY AGENTS	147
ORAL DRUGS FOR GLAUCOMA.....	147
OTHER GLAUCOMA DRUGS	147
STEROID-ANTIBIOTIC COMBINATIONS.....	148
STEROIDS	148
SYMPATHOMIMETICS	149
RESPIRATORY AND ALLERGY	149
ANTI HISTAMINE / ANTIALLERGENIC AGENTS	149
PULMONARY AGENTS	150
UROLOGICALS	157
ANTICHOLINERGICS / ANTISPASMODICS	157
BENIGN PROSTATIC HYPERPLASIA(BPH) THERAPY	158
MISCELLANEOUS UROLOGICALS	158
VITAMINS, HEMATINICS / ELECTROLYTES.....	158
BLOOD DERIVATIVES	158
ELECTROLYTES	159
MISCELLANEOUS NUTRITION PRODUCTS	160
VITAMINS / HEMATINICS	162
INDEX OF DRUGS	163

Note to existing members: This formulary has changed since last year. Please review this document to make sure that it still contains the drugs you take.

When this drug list (formulary) refers to “we,” “us”, or “our,” it means RiverSpring MAP (HMO D-SNP). When it refers to “plan” or “our plan,” it means RiverSpring MAP (HMO D-SNP).

This document includes a list of the drugs (formulary) for our plan which is current as of August 19, 2023. For an updated formulary, please contact us. Our contact information, along with the date we last updated the formulary, appears on the front and back cover pages.

You must generally use network pharmacies to use your prescription drug benefit. Benefits, formulary, pharmacy network, and/or copayments/coinsurance may change on January 1, 2024, and from time to time during the year.

What is the RiverSpring MAP Formulary?

A formulary is a list of covered drugs selected by RiverSpring MAP (HMO D-SNP) in consultation with a team of health care providers, which represents the prescription therapies believed to be a necessary part of a quality treatment program. RiverSpring MAP (HMO D-SNP) will generally cover the drugs listed in our formulary as long as the drug is medically necessary, the prescription is filled at RiverSpring MAP (HMO D-SNP) network pharmacy, and other plan rules are followed. For more information on how to fill your prescriptions, please review your Evidence of Coverage.

Can the Formulary (drug list) change?

Most changes in drug coverage happen on January 1, but RiverSpring MAP (HMO D-SNP) may add or remove drugs on the Drug List during the year, move them to different cost-sharing tiers, or add new restrictions. We must follow the Medicare rules in making these changes.

Changes that can affect you this year: In the below cases, you will be affected by coverage changes during the year:

- **New generic drugs.** We may immediately remove a brand-name drug on our Drug List if we are replacing it with a new generic drug that will appear on the same or lower cost-sharing tier and with the same or fewer restrictions. Also, when adding the new generic drug, we may decide to keep the brand-name drug on our Drug List, but immediately move it to a different cost-sharing tier or add new restrictions. If you are currently taking that brand-name drug, we may not tell you in advance before we make that change, but we will later provide you with information about the specific change(s) we have made.
 - If we make such a change, you or your prescriber can ask us to make an exception and continue to cover the brand-name drug for you. The notice we provide you will also include information on how to request an exception, and you can find information in the section below titled “How do I request an exception to the RiverSpring MAP (HMO D-SNP)’s Formulary?”

Drugs removed from the market. If the Food and Drug Administration deems a drug on our formulary to be unsafe or the drug’s manufacturer removes the drug from the market, we will immediately remove the drug from our formulary and provide notice to members who take the drug.

- **Other changes.** We may make other changes that affect members currently taking a drug. For instance, we may add a new generic drug to replace a brand-name drug currently on the formulary, or

add new restrictions to the brand-name drug or move it to a different cost-sharing tier or both. Or we may make changes based on new clinical guidelines. If we remove drugs from our formulary, [or] add prior authorization, quantity limits and/or step therapy restrictions on a drug, we must notify affected members of the change at least 30 days before the change becomes effective, or at the time the member requests a refill of the drug, at which time the member will receive a 30-day supply of the drug.

- If we make these other changes, you or your prescriber can ask us to make an exception and continue to cover the brand-name drug for you. The notice we provide you will also include information on how to request an exception, and you can also find information in the section below entitled “How do I request an exception to the RiverSpring MAP (HMO D-SNP)’s Formulary?”

Changes that will not affect you if you are currently taking the drug. Generally, if you are taking a drug on our 2024 formulary that was covered at the beginning of the year, we will not discontinue or reduce coverage of the drug during the 2024 coverage year except as described above. This means these drugs will remain available at the same cost-sharing and with no new restrictions for those members taking them for the remainder of the coverage year. You will not get direct notice this year about changes that do not affect you. However, on January 1 of the next year, such changes would affect you, and it is important to check the Drug List for the new benefit year for any changes to drugs.

The enclosed formulary is current as of August 19, 2023. To get updated information about the drugs covered by RiverSpring MAP (HMO D-SNP) please contact us. Our contact information appears on the front and back cover pages. Monthly updates to the print formularies will be made using formulary errata sheets in the event of mid-year non-maintenance formulary changes.

How do I use the Formulary?

There are two ways to find your drug within the formulary:

Medical Condition

The formulary begins on page 7. The drugs in this formulary are grouped into categories depending on the type of medical conditions that they are used to treat. For example, drugs used to treat a heart condition are listed under the category, BETA BLOCKERS. If you know what your drug is used for, look for the category name in the list that begins on 157. Then look under the category name for your drug.

Alphabetical Listing

If you are not sure what category to look under, you should look for your drug in the Index that begins on page 163. The Index provides an alphabetical list of all of the drugs included in this document. Both brand-name drugs and generic drugs are listed in the Index. Look in the Index and find your drug. Next to your drug, you will see the page number where you can find coverage information. Turn to the page listed in the Index and find the name of your drug in the first column of the list.

What are generic drugs?

RiverSpring MAP (HMO D-SNP) covers both brand-name drugs and generic drugs. A generic drug is approved by the FDA as having the same active ingredient as the brand-name drug. Generally, generic drugs cost less than brand-name drugs.

Are there any restrictions on my coverage?

Some covered drugs may have additional requirements or limits on coverage. These requirements and limits may include:

- **Prior Authorization:** RiverSpring MAP (HMO D-SNP) requires you [or your physician] to get prior authorization for certain drugs. This means that you will need to get approval from RiverSpring MAP (HMO D-SNP) before you fill your prescriptions. If you don't get approval, RiverSpring MAP (HMO D-SNP) may not cover the drug.
- **Quantity Limits:** For certain drugs, RiverSpring MAP (HMO D-SNP) limits the amount of the drug that RiverSpring MAP (HMO D-SNP) will cover.
- **Step Therapy:** In some cases, RiverSpring MAP (HMO D-SNP) requires you to first try certain drugs to treat your medical condition before we will cover another drug for that condition. For example, if Drug A and Drug B both treat your medical condition, RiverSpring MAP (HMO D-SNP) may not cover Drug B unless you try Drug A first. If Drug A does not work for you, RiverSpring MAP (HMO D-SNP) will then cover Drug B.

You can find out if your drug has any additional requirements or limits by looking in the formulary that begins on page 7. You can also get more information about the restrictions applied to specific covered drugs by visiting our website. We have posted online documents that explain our prior authorization and step therapy restrictions. You may also ask us to send you a copy. Our contact information, along with the date we last updated the formulary, appears on the front and back cover pages.

You can ask RiverSpring MAP (HMO D-SNP) to make an exception to these restrictions or limits or for a list of other, similar drugs that may treat your health condition. See the section, "How do I request an exception to the RiverSpring MAP (HMO D-SNP)'s formulary?" on page 4 for information about how to request an exception.

What if my drug is not on the Formulary?

If your drug is not included in this formulary (list of covered drugs), you should first contact Member Services and ask if your drug is covered.

If you learn that RiverSpring MAP (HMO D-SNP) does not cover your drug, you have two options:

- You can ask Member Services for a list of similar drugs that are covered by RiverSpring MAP (HMO D-SNP). When you receive the list, show it to your doctor and ask them to prescribe a similar drug that is covered by RiverSpring MAP (HMO D-SNP).
- You can ask RiverSpring MAP (HMO D-SNP) to make an exception and cover your drug. See below for information about how to request an exception.

How do I request an exception to the RiverSpring MAP's (HMO D-SNP) Formulary?

You can ask RiverSpring MAP to make an exception to our coverage rules. There are several types of exceptions that you can ask us to make.

- You can ask us to cover a drug even if it is not on our formulary. If approved, this drug will be covered at a pre-determined cost-sharing level, and you would not be able to ask us to provide the drug at a lower cost-sharing level.
- You can ask us to cover a formulary drug at a lower cost-sharing level.
- You can ask us to waive coverage restrictions or limits on your drug. For example, for certain drugs, RiverSpring MAP (HMO D-SNP) limits the amount of the drug that we will cover. If your drug has a quantity limit, you can ask us to waive the limit and cover a greater amount.

Generally, RiverSpring MAP (HMO D-SNP) will only approve your request for an exception if the alternative drugs included on the plan's formulary, [the lower cost-sharing drug] or additional utilization restrictions would not be as effective in treating your condition and/or would cause you to have adverse medical effects.

You should contact us to ask us for an initial coverage decision for a formulary or utilization restriction exception. **When you request a formulary or utilization restriction exception you should submit a statement from your prescriber or physician supporting your request.** Generally, we must make our decision within 72 hours of getting your prescriber's supporting statement. You can request an expedited (fast) exception if you or your doctor believe that your health could be seriously harmed by waiting up to 72 hours for a decision. If your request to expedite is granted, we must give you a decision no later than 24 hours after we get a supporting statement from your doctor or other prescriber.

What do I do before I can talk to my doctor about changing my drugs or requesting an exception?

As a new or continuing member in our plan you may be taking drugs that are not on our formulary. Or, you may be taking a drug that is on our formulary but your ability to get it is limited. For example, you may need a prior authorization from us before you can fill your prescription. You should talk to your doctor to decide if you should switch to an appropriate drug that we cover or request a formulary exception so that we will cover the drug you take. While you talk to your doctor to determine the right course of action for you, we may cover your drug in certain cases during the first 90 days you are a member of our plan.

For each of your drugs that is not on our formulary or if your ability to get your drugs is limited, we will cover a temporary 30-day supply. If your prescription is written for fewer days, we'll allow refills to provide up to a maximum 30-day supply of medication. After your first 30-day supply, we will not pay for these drugs, even if you have been a member of the plan less than 90 days.

If you are a resident of a long-term care facility and you need a drug that is not on our formulary or if your ability to get your drugs is limited, but you are past the first 90 days of membership in our plan, we will cover a 31-day emergency supply of that drug while you pursue a formulary exception.

Enrollees who are undergoing a change in care are eligible for a temporary supply to ensure the continuity of needed medications across care settings. If the enrollee is not in their transition period during their care change, or is in the transition period but have already received their transition supply fill days supply maximum, the system will reject the claim and appropriate reject codes are returned to the pharmacy. The network pharmacy receives additional secondary messaging (If Level of Care) and training to inform the pharmacy of the appropriate procedure. In the circumstance where an enrollee is changing care setting and may not have access to current prescriptions, the network pharmacy may contact the Express Scripts help desk for an override to dispense a temporary transition supply. Appropriate transition notifications are generated to the enrollee and the prescriber in the required timetable. As these enrollees are vulnerable to disruption in care, Express Scripts also provides daily rejected claims data to the plans for oversight of these enrollees experiencing a change in their care to assure the transition has been effectuated.

For more information

For more detailed information about your RiverSpring MAP (HMO D-SNP) prescription drug coverage, please review your Evidence of Coverage and other plan materials.

If you have questions about RiverSpring MAP (HMO D-SNP), please contact us. Our contact information, along with the date we last updated the formulary, appears on the front and back cover pages.

If you have general questions about Medicare prescription drug coverage, please call Medicare at 1-800MEDICARE (1-800-633-4227) 24 hours a day/7 days a week. TTY users should call 1-877-486-2048. Or, visit <http://www.medicare.gov>.

RiverSpring MAP Formulary

The formulary below provides coverage information about the drugs covered by RiverSpring MAP (HMO DSNP)]. If you have trouble finding your drug in the list, turn to the Index that begins on page 163.

The first column of the chart lists the drug name. Brand-name drugs are capitalized (e.g., (e.g., DIFLUCAN) and generic drugs are listed in lower-case italics (e.g., *e.g., fluconazole*).

The information in the Requirements/Limits column tells you if RiverSpring MAP (HMO D-SNP) has any special requirements for coverage of your drug.

Below is a list of abbreviations that may appear on the following pages in the Requirements/Limits column that tells you if there are any special requirements for coverage of your drug.